



2 minute drill

for parents



monthly tips from Positive Coaching Alliance

You can help the coach!

A successful coach-parent partnership is critical in creating a positive environment on your child's team. Support the coach by focusing on character development and trying to get the best from players on the team. When things go wrong, you can help by reinforcing resiliency, determination and a can-do attitude with your children. You can help your children develop these character traits by repeating again and again that you love and are proud of them no matter how they perform.

adapted from *Positive Coaching in a Nutshell* by Jim Thompson



**for more *Positive Coaching in a Nutshell*, please visit
www.NutshellBook.org**