



The "Mitchell Report" on steroid use in baseball "tops" PCA's list of the "Bottom 10 Moments in Sports, 2007." PCA releases this list of the worst behavior in sports from pee-wees to the pros to stimulate discussion among parents, coaches, players and educators. We also list the "Top 10 Moments in Sports, 2007" and provide *Discussing Sports Incidents with Children*, to help youth and high school athletes process all the life lessons contained in the Bottom 10 and Top 10 Moments.

Bottom 10 Moments in Sports, 2007

10. Michael Vick, a marquee NFL star whose jersey is worn by thousands of children, pleads guilty to his role in a dogfighting operation that resulted in cruelty and death to many dogs.
9. Six hockey players and two coaches are suspended following a brawl between two teams of eight-year-olds in Guelph, Ont.
8. A Chicago-area man is caught on tape hurling his son's 11-year-old wrestling opponent off the mat.
7. An Allentown, PA-area middle school lacrosse coach is dismissed after pleading guilty to hitting a 13-year-old player in the face in the post-game handshake line.
6. NBA referee Tim Donaghy pleads guilty to felony gambling charges and admits he gambled on games in which he officiated.
5. Two Long Island brothers, apparently enraged over the benching of their son and nephew for cursing, receive a cell-phone call from the boy, arrive at his game and eventually are arrested for allegedly beating the team's coach in front of the coach's son and the other 11-year-olds on the team.
4. Lincoln, NE police issue a ticket to a woman for leaving her daughter alongside Interstate 80 because of her unsatisfactory performance in a soccer game.
3. Northern Colorado University punter Mitch Cozad is convicted of attempted murder for knifing the punter ahead of him on the depth chart in a bid for playing time.
2. An Orlando-area man pleads guilty to charges from 2004 that he supplied his then-14-year-old son with steroids and human growth hormones to improve his speedskating results.
1. Release of the Mitchell Report on use of performance-enhancing drugs in Major League Baseball, implicating such heroes of youth athletes as Roger Clemens, Miguel Tejada and Andy Pettitte.