

Success in the recruiting process is a great college experience. Finding the right mutual fit between an athlete and a prospective college requires input, research, and a strategy to get the right exposure to the right programs. This worksheet serves as a discussion guide to review critical factors that will help you execute an effective recruiting strategy.

## RECRUITING ALIGNMENT MEETING

Athlete and Parent Worksheet

### ANSWER BELOW

#### COMPETITION LEVEL

What level do you want to play in college?  
Do you think this level is the best fit for you?

- There are over 26,000 colleges and universities across major governing bodies including NCAA DI-III, NAIA, CCCAA, NWAC, and NJCAA.
- Each governing body has different levels of play – it is important to research what is right for you.

#### POSITION

What is the best positional fit for you in college?  
Is this different from what you play now?

- Consider what position(s) you play now and how it would translate in college.
- In some cases, it may make sense to target a different position at the next level.

#### SCHEME

How do you play your position? How do you see this method of play fitting into a college team?

- Different programs have different offensive and defensive schemes, so it is important to research what your target schools employ.

#### ACADEMIC STANDING

What is your GPA and what are your standardized test scores?

- Include weighted and unweighted GPA, composite scores, and individual section scores for standardized tests like the ACT and SAT.

#### GEOGRAPHY

Where do you want to go to college, geographically? For parents - do you feel comfortable sending your child there?

- Geography can have an impact on satisfaction and happiness.
- Consider the distance from home, in-state versus out-of-state, where you have family, weather, etc.

#### POTENTIAL MAJORS

What do you want to major in? Do you have a general field of study you might want to pursue?

- You don't need to know your major now, but it's important the school you choose can support an area of study you are targeting.

#### OTHER INTERESTS

Are there any extracurricular interests you have or might want to pursue in college? Will any of these take away time from playing your sport?

- Hobbies, such as fishing, photography, and cooking, are great conversation starters.
- Interests like studying abroad, religious activities, and personal circumstances might require more time outside of sports.

#### FINANCES

About how much are you willing to spend on the expenses associated with playing in college? Do you expect to receive scholarships or financial aid?

- This can help arm your coach with details about potential scholarship needs and/or tuition requirements.

#### CURRENT RECRUITING EFFORTS

Do you have a recruiting plan? Are you using any resources to help guide you through the recruiting process? Have you been in contact with any college coaches?

- This is the time to let your coaches know about your recruiting efforts outside working with your coach, and whether or not you have contacted any college coaches.
- The point is to make sure you, your family, and coaches are aligned on a recruiting strategy and plan.